# Learning objectives

Cardiovascular diseases (CVDs) are the leading cause of death globally. Most cardiovascular diseases can be prevented by addressing behavioural risk factors such as tobacco use, unhealthy diet and obesity, physical inactivity and harmful use of alcohol.

Pharmacological research has contributed much to attacking diseases through the development of drugs such as GLP-1 receptor agonists, inhibitors of renin-angiotensin-aldosterone system and statins. However, further efforts towards developing better drugs and targeting unmet medical needs are still needed.

Pathophysiology, pharmacology and therapeutics need to team up for effective global CVD risk reduction. Next-generation physicians and researchers should become aware of the rising CVD burden already during their education.

The learning objective is two-fold:

- To provide an integrated view of research and clinical approaches to prevention and treatment strategies for CVD
- To foster exchange and networking between medical student from several European countries.

This will hopefully be the third in a series of educational events to build relations among international medical students for years to come.

# Faculty

Faculty include established as well as younger clinicians and investigators based at the University of Padova and other European Universities. Lecturers will provide focused cross-disciplinary views on key and emerging topics. Some talks will focus on career options for MDs in several European countries.

# **Funding**

We wish to express our gratitude to the Department of Medicine–DIMED, University of Padova, for granting financial support.

Scientific and organising contact summerschool.cvd@unipd.it

#### Venues

Palazzo della Salute, via San Francesco 90 Collegio Morgagni, Sala Consiliare, via San Massimo 33 Skill Lab, via Belzoni 160

## Teaching format

Lectures will take place from June 3<sup>rd</sup> to 7<sup>th</sup> at Collegio Morgagni. The hands-on session will take place at the Skill Lab. Students will present group works on June 8<sup>th</sup>. A cash prize of 1,000 € will be awarded to the best group presentation. Students who will attend at least 75% of lectures and present the group work will receive a Certificate of Attendance.

#### Who should attend?

The course is open to 24 undergraduate medical students close to achieving their MD. Applications from early graduate MDs may be considered.

# How to apply

Applications shall be uploaded at https://forms.gle/vsU3hDmSEVYL5BHR8 Deadline: March 2<sup>nd</sup>, 2024

Selected students will be notified no later than March 10<sup>th</sup>, 2024

## Tuition fee

500 €, including accommodation and most meals

Registration deadline: April 15th, 2024.



Endorsed by the Italian Pharmacological Society

# 3<sup>rd</sup> International Summer School Teaming up for global cardiovascular risk reduction – pathophysiology, pharmacology, therapeutics



Coordinator Andrea Cignarella

Padova | June 2-8, 2024









# 3<sup>rd</sup> International Summer School Teaming up for global cardiovascular risk reduction — pathophysiology, pharmacology, therapeutics June 2-8, 2024 | Padova





Sunday, June 2	Monday, June 3	Tuesday, June 4	Wednesday, June 5	Thursday, June 6	Friday, June 7	Saturday, June 8
Palazzo della Salute Collegio Morgagni, via San Massimo 33, Sala Consiliare, 1 <sup>st</sup> floor					1	Palazzo della Salute
9:00	Opening session 9:10 Coagulation disorders Elena Campello, Padova 10:20 Paediatric cardiology Felix Oberhoffer, Munich Meet the expert Felix Oberhoffer	Peripheral artery disease Marcello Rattazzi, Padova Case discussion 10:15 Nutrition and atherothrombosis Gemma Chiva-Blanch, Barcelona	Non-valvular atrial fibrillation Teresa Seccia, Padova Case discussion Laboratory medicine Daniela Basso, Padova	Lessons from real-world studies Gianluca Trifirò, Verona 10:15 Non-coding RNA therapeutics Chiara Collesi, Trieste	Precision cardiovascular pharmacology Andrea Cignarella, Padova  Experimental models Mattia Albiero, Padova	Immunometabolism G. Danilo Norata, Milan 10:00 Best Presentation Award Session All Students
11:30	New frontiers in HDL research Arnold von Eckardstein, Zurich Meet the Expert Arnold von Eckardstein	Cardiovascular risk in diabetes: from mechanisms to therapies Gian Paolo Fadini, Padova  Meet the Expert Gian Paolo Fadini	Heart failure Thomas Krieg, Cambridge  Meet the Expert Thomas Krieg	Cardiovascular ageing Francesco Mattace- Raso, Rotterdam Case discussion  Meet the Expert Francesco Mattace- Raso	Thromboinflammation Thomas Vanassche, Leuven  Meet the Expert Thomas Vanassche	
12:30 p.m.	Lunch	Lunch	Lunch	Lunch	Lunch	Award presentation and
1:30	Nutraceuticals Arrigo FG Cicero, Bologna Case discussion 2:20 Dyslipidaemia Alberto Zambon, Padova 3:10 Keynote Lecture Cardiovascular complications of obesity Roberto Vettor, Padova	Keynote Lecture Essential hypertension: a fake entity Gian Paolo Rossi, Padova 2:30 Practical Session Skill Lab Filippo Valle, Padova	Personalied medicine and antithrombotic agents Bianca Rocca, Rome 3:10 Genetic basis of sudden death in the young Cristina Basso, Padova	Nuclear receptors Giulia Chinetti, Nice Meet the expert Giulia Chinetti  Visit to Scuola Grande di San Marco, Venice		closing
7:00 p.m. Welcome		7:00 pm <i>Aperitivo</i>	8:00 pm <i>Pizza</i>			